

Send a pdf to scouts@hmns.org. The workbook will be checked that you have met the requirements and a scanned merit badge card will be emailed back.

HOUSTON MUSEUM OF NATURAL SCIENCE
SCOUTS@HMNS
Family Life Merit Badge Prerequisites Workbook

Scout's Name: _____ Unit: _____

REQUIREMENT 3
PREREQUISITE

Prepare a list of your regular home duties or chores (at least five) and do them for 90 days.

Chore 1:
Chore 2:
Chore 3:
Chore 4:
Chore 5:
Chore 6:

Keep a record of how often you do each of them. (Separate example page)

Discuss with your counselor the effect your chores had on your family.

REQUIREMENT 4
PREREQUISITE

Ideas

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With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the home that would benefit your family.

Submit a report to your merit badge counselor outlining how the project benefited your family.

REQUIREMENT 5

PREREQUISITE

Plan and carry out a project that involves the participation of your **family**. After completing the project, discuss the following with your merit badge counselor:

a. The objective or goal of the project

b. How individual members of your family participated

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c. The results of the project

REQUIREMENT 6

a. Discuss with your merit badge counselor how to plan and carry out a family meeting

How to conduct a family meeting.

- All family members who live in the household should be invited!
 - Some subjects your parents may want to do without younger siblings.
- Set a day, time and plan in advance and have a written agenda.
- Appoint a Meeting Leader and someone to take notes. Write down family conclusions on each topic.
- Talk about situations and behavior, not people.
- Avoiding sibling “attitudes”.
- Stay serious and positive.
- Listen without interrupting, treat each other with respect.

b. Plan and carry out a family meeting* to include the following subjects:

1. How living the principles of the Scout Oath and Scout Law contributes to your family life.

Pages 6-7

2. The greatest dangers and addictions facing youth in today’s society (examples include use of tobacco products, alcohol, or drugs and other items such as debts, social media, etc.)

Tobacco

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Alcohol
Drugs
Debt
Social Media
Bulling
Other

3. Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex.

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4. Personal and family finances

5. A crisis situation within your family

6. The effect of technology on your family

7. Good etiquette and manners

Discussion of each of these subjects will very likely carry over to more than one family meeting.

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Scout Oath

On my honor

You are stating your promise backed by your own personal worth.

I will do my best

Only you know what your best truly is. Do not measure yourself against the accomplishments or laziness of peers - strive to surpass your own high standards and be proud when you know you've put in your best effort.

To do my duty to God

Your duty to God is to follow the teachings of your religious leaders always.

and my country

Every citizen has responsibilities to understand, defend, and improve his community. Duties include serving in public office, voting, protecting natural resources, and learning about our government system.

and to obey the Scout Law;

You are promising to follow these twelve points, not only in scouting, but in all areas of your life. You will use the Law as a compass to guide your decisions and actions.

To help other people at all times;

You will look for opportunities to help and will not pass someone by that you are capable of aiding. You will use your skills to assist anyone you meet and seek additional help if needed.

To keep myself physically strong,

You will nurture and protect your body, eating healthy food, exercising, getting rest, and avoiding harmful habits like drugs, tobacco, and alcohol. Maintaining your physical strength is required to do your best and fulfill the other points of this promise.

mentally awake,

You will exercise your mind by doing your best in school. You will explore your world and try to continually learn and then share your knowledge with others.

and morally straight.

You will maintain honest and open relationships with others. You will hold yourself to a high moral standard and be clean in your speech and actions while being faithful to your religious beliefs.

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Scout Law

The Scout Law has 12 points. Each is a goal for every Scout. A Scout tries to live up to the Law every day. It is not always easy to do, but a Scout always tries.

A Scout is:

TRUSTWORTHY. Tell the truth and keep promises. People can depend on you.

LOYAL. Show that you care about your family, friends, Scout leaders, school, and country.

HELPFUL. Volunteer to help others without expecting a reward.

FRIENDLY. Be a friend to everyone, even people who are very different from you.

COURTEOUS. Be polite to everyone and always use good manners.

KIND. Treat others as you want to be treated. Never harm or kill any living thing without good reason.

OBEDIENT. Follow the rules of your family, school, and pack. Obey the laws of your community and country.

CHEERFUL. Look for the bright side of life. Cheerfully do tasks that come your way. Try to help others be happy.

THRIFTY. Work to pay your own way. Try not to be wasteful. Use time, food, supplies, and natural resources wisely.

BRAVE. Face difficult situations even when you feel afraid. Do what you think is right despite what others might be doing or saying.

CLEAN. Keep your body and mind fit. Help keep your home and community clean.

REVERENT. Be reverent toward God. Be faithful in your religious duties. Respect the beliefs of others.